

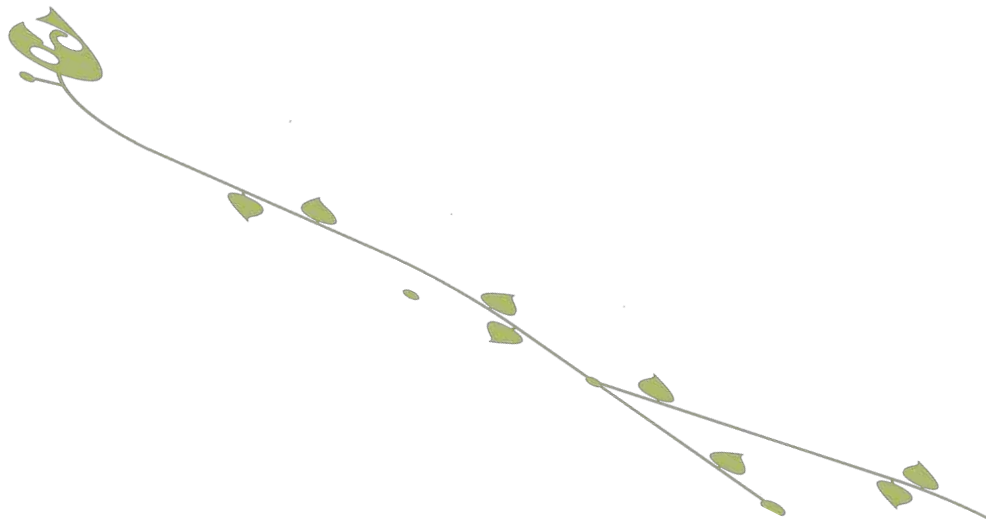


## Why Cook Catering Menu

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[WWW.whycookalameda.com](http://WWW.whycookalameda.com)



**Why Cook? has designed a creative selection of delicious menu items using the freshest and Best ingredients available!!**

## Hors D'Oeuvres

(A minimum of 10 people required on all catering orders)  
(Pricing based on market value, quotes given upon request)

### **Antipasto Platter**

A selection of delicious marinated & grilled items such as polenta cups with basil pesto, marinated artichoke hearts, grilled sausages, Italian dry salami, assorted Italian frittatas, imported olives & fresh mozzarella & tomatoes.

### **Fresh and Aged Cheese Platter**

An assortment of gourmet cheeses arranged with crackers, dried fruits & house-cured olives. Selection includes: peppered jack, provolone, & ricotta salsa, Tillamook cheddar, and more.

### **The Mediterranean Mixer**

A combination of complimentary items such as oven-roasted vegetables, baba ghanoush, humus with pita chips, house-made crostini, Greek dolmas, & gorgonzola pizzettas.

### **Smoked Salmon Platter**

Delicious smoked salmon beautifully arranged with thinly sliced red onion, tomatoes, capers, whipped fresh dill cream cheese & assorted crackers & house-made croutons

## Best of the Best Specialty Platters

### **Our most famous hors d'oeuvres**

Teriyaki or Sesame Peanut Chicken Skewers  
Crostini of Flank Steak and Salsa Verde  
Bruschetta w/Fresh Mozzarella  
Mozzarella Sticks w/Cherry Tomato & Basil  
Mini Spanakopita  
Grape Leaf Dolmas  
Gourmet Hummus & Pita Chips  
Jalapenos Poppers Stuffed with Cheese  
Chips & Salsa  
Spinach Dip w/French Bread  
Wings in Peanut Sauce or BBQ Hot Sauce

It typically includes 2 pieces per person. For heavy appetizer parties choose any 6 items per person

## **Entrees**

**Our famous BBQ Chicken**

**Marinated Grilled Tri- Tip**

**Chicken Marsala or Chicken Piccata**

**Oven Roasted Wild Caught Fresh Salmon**

**Herb Roasted Pork Loin with Dried Fruits**

**Eggplant or Chicken Parmesan**

**Chicken Marsala, Piccata**

**Beef Stroganoff.**

## **Starches**

**Mashed potatoes**

**Rice pilaf**

**8. Roasted garlic or creamy home-style mashed potatoes**

**9. Oven roasted baby red potatoes with fresh herbs**

**10. Pasta with pesto cream**

**Saffron basmati rice**

## **Vegetables**

**1. Fresh asparagus with lemon zest**

**2. Sautéed squash with sweet red pepper & red onions**

**3. Green beans with almonds**

#### 4. Broccoli with cashews

#### Seasonal Roasted Veggies Molasses

#### Corn on the Cobb

#### Bread & Butter

### Mexican

(A minimum of 10 people required on all catering orders)

Your choice of our authentic meats such as; grilled steak, grilled chicken, or al pastor (pork) with our no preservative, no lard, completely vegan black, pinto or refried bean & freshly prepared salsas

**Fiesta Taco Bar** with your choice of two meats, corn & flour tortillas, rice, beans, Pico de Gallo, cheese, sour cream, chips and salsa

### Mediterranean

**Athens Buffet Mixer** ~ your choice beef or chicken gyros or vegan falafel, hummus, tzatziki yogurt sauce, pita bread, grilled tomatoes & onions, Greek salad, feta cheese, as well as an assortment of baklava for dessert

**Jerusalem Buffet Mixer** ~ your choice of beef or chicken Shawarma, vegan falafel with hummus, tahini salad, Greek salad, feta cheese, pita bread as well as an assortment of baklava for dessert

#### **Chicken or Kofta Kabob**

Marinated chicken breast cubes or seasoned ground beef over rice, hummus, grilled tomatoes & onions, mixed greens salad, lemon dressing & pita bread



## Sandwiches

**Sandwich Platter** ~ a variety of sandwiches elegantly arranged on a platter

**Choice of Bread** ~ 9 Grain - Dutch Crunch – Rye - Sourdough Roll - Sourdough Slice - Sweet Roll - Gluten free

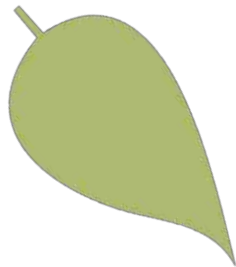
**Choice of Meat:**

House Roasted Turkey ~ Honey Ham ~ Cranberry Chicken Salad ~ Tuna Salad ~ Mediterranean Chicken ~ Applewood BLT ~ Italian Salami ~ New York Pastrami ~ Veggie Delight ~ Seasonal Roasted Veggies

## Assorted Wraps Platter

House Roasted Turkey ~ Honey Ham ~ Cranberry Chicken Salad ~ Tuna Salad  
Mediterranean Chicken ~ Caesar Salad Wrap ~ Thai Chicken Wrap ~ Veggie Delight  
~Artichoke Wrap ~ (v) Falafel Wrap

**Our dedication and creativity is providing the Bay Area with a café that serves the finest house- made foods!**



## Salads

**Cobb** ~ grilled chicken breast, romaine hearts, gorgonzola, vine tomatoes, eggs & bacon

**Chef** ~ romaine hearts, turkey, honey ham, bacon, egg, cheddar cheese & vine tomato

**Caesar Salad** ~ romaine hearts, shaved parmesan cheese & house made croutons

**(v) Couscous Salad** ~ romaine hearts, Israeli couscous, garbanzo bean, red peppers, parsley, carrots, avocado, corn, Mediterranean spices & lemon dressing.

**(v) Quinoa Salad** ~ romaine hearts, quinoa, garbanzo beans, carrots, parsley, avocado, Mediterranean spices & lemon dressing.

**Mixed Greens Salad** ~ spring mix, cucumber, vine tomato, cranberries, bell peppers, carrots & corn

**Greek Pepper Salad Bowl** ~ tomatoes, bell pepper, cucumber, red onions, romaine hearts, Kalamata olives, feta cheese with Greek dressing

**(Add chicken breast to any salad for an additional charge)**



## BEVERAGES, DISPOSABLES, TABLE SETTINGS & SERVICES

### Beverages

1. Spring Water
2. Coca-Cola, Diet Coca-Cola. Sprite
3. Pellegrino or Prier Sparkling Water
4. Snapple, Bai
5. Mighty Leaf Tea

### Disposables

1. Paper plate, hot or cold cup, napkin, knife, fork & spoon & napkins
2. Serving forks, spoons, or tongs
3. Hot or cold cups
4. Cocktail Plates
5. Dinner Plates

1. Table cloths
2. Napkins

### Labor

1. On-site chef
2. Server or bartender

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## ORDERING INFORMATION

A minimum of 10 persons

More notice for large orders or holiday orders is advised.

The catering staff is available for consultation from 9:00am – 4:00pm Monday through Friday.

Your order will not be completed without a signed confirmation

## CHANGES

We will do our best to accommodate all requested changes to your order however, any deletions are subject to the cancellation terms stated below, any additions to orders are subject to availability and last minute changes may be subject to a 25% service charge.

## CANCELLATIONS

Orders cancelled less than 24 hours before requested pick-up or delivery times will be charged in full.  
Any goods specially ordered or prepared prior to cancellation request will be charged in full.

## DELIVERY and PICK-UP

Delivery service is available within the bay area.  
Full set-up & display at the site may also be arranged.  
Nominal charges for these services will apply.

## PAYMENT

All orders must be paid in full with a major credit card at the time of delivery or pick up.

A minimum 50% advance deposit is required for all orders.

All prices are subject to change without notice & are subject to market availability.

