



HEALTHY GOURMET

MIAMI



BREAKFAST AND AFTERNOON BREAK

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Prices based on 20+ guests

Includes assorted fruit salad, fresh juices and coffee.

Packages start at \$24.50 pp (1 savory item + 1 sweet item).

Add (1) savory item for \$9.50



COLD

CHIA PUDDING

strawberry, marinated lychee and toasted coconut.

VANILLA GREEK YOGURT PARFAIT

homemade maple granola, freeze-dried strawberries.

OVERNIGHT OATS

with lemon - agave mixed berries.

HAM, CHEESE AND EGG SALAD

on "miga" white bread.

WALDORF SALAD WRAP WITH TANGY APPLE

rotisserie chicken and Greek yogurt dressing.

PROSCIUTTO AND MOZZARELLA CROISSANT

with basil pesto aioli.

TOMATO AND MANCHEGO CROISSANT

with roasted tomato marmalade.

SMOKED SALMON BAGEL

with dill whipped cream cheese, pickled onions and crispy capers.

CHICKEN AND AVOCADO

"Reina Pepiada" Arepas.

AVOCADO AND EGG SALAD LAVASH WRAP

with fire roasted peppers.

QUICK PICKLE VEGETABLES AND HUMMUS WRAP

with lemon tahini dressing.

HOT

BREAKFAST BURRITOS WITH SCRAMBLED EGGS

honey glazed ham and mozzarella cheese.

ARGENTINIAN CHORIZO AND EGG

on toasted brioche.

THICK BROWN SUGAR BACON

and fried egg on toasted brioche.

CHEESE AND CARAMELIZED ONIONS

frittata.

MUSHROOM AND ROASTED PEPPERS

frittata.

SPINACH EMPANADAS

HAM AND CHEESE EMPANADAS

SWEET

BANANA WALNUT BREAD

with cinnamon brown sugar butter.

HOUSE BELGIAN WAFFLES

with lemon - berry compote and zesty whipped cream.

FRESHLY BAKED CHOCOLATE CROISSANTS

HOUSE CINNAMON ROLLS

BLUEBERRY BUTTERMILK SCONES

MATCHA PANCAKES

with lemon - berry compote and zesty whipped cream.

ASSORTED MINI MUFFINS

CHEESE DANISHES

ASSORTED COOKIES