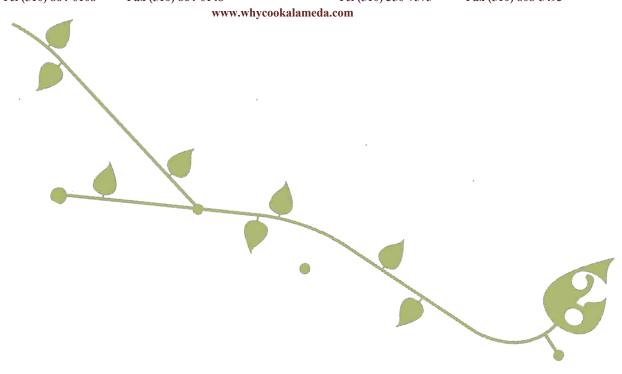


# **Why Cook Catering Menu**

1750 North Loop, Suite 125 | Alameda, CA 94502 Tel (510) 864-0108 ~ Fax (510) 864-0148 2000 Powell Street, Suite 110 | Emeryville CA 94608 Tel (510) 350-7575 ~ Fax (510) 808-5493



Why Cook? has designed a creative selection of delicious menu items using the freshest and best ingredients available!!

#### **Breakfast Box**

Vegetarian, Vegan & Gluten Free options also available upon request (A minimum of 10 people required on all catering orders)

**Breakfast Burrito or Sandwich Box** ~ comes with eggs, potatoes, cheddar cheese & your choice of filling from below along with fresh fruit & 12oz orange juice or bottled water \$13.95 per person

Filling Choice ~ Applewood Smoked Bacon – Black Forest Ham - Chicken Apple Sausage - Chorizo - Veggie (Mushrooms, tomato, onion & spinach)

**Bread Choice** ~ Flour Tortilla - Bagel - Sliced Sourdough - 9 Grain - Gluten Free Bread Croissant (\$1.50 extra)

**Bagel Box** ~ bagel with cream cheese, fresh fruit, & 12oz orange juice or bottled water \$11.95 per person

Filling Choice ~ Veggie Bagel w/cream cheese - Cucumber, Tomato, Onions

- ~ Smoked Salmon or Black Forest Ham w/cream cheese, cucumber, tomato, onions
  - ~ Vegan Hummus w/cucumber, tomato, onions

**Traditional American Breakfast Box** ~ Scrambled eggs, home style potatoes and a choice of bacon, ham or chicken apple sausage with sourdough slice or wheat toast, jam & butter \$14.95 per person

### **Buffet Style Breakfast**

Vegetarian, Vegan & Gluten Free options also available upon request (A minimum of 10 people required on all catering orders)

**Continental Breakfast** ∼ an assortment of freshly baked pastries or bagels & cream cheese, fresh fruit & your choice of coffee or orange Juice \$11.95 per person

**Breakfast Burritos or Sandwich** ~ your choice of ham, bacon, chicken apple sausage, chorizo or veggie with eggs, potatoes, cheese & salsa \$9.45 per person

**Traditional American Breakfast** ~ scrambled eggs, home style potatoes and a choice of bacon, ham, chicken apple sausage or veggie with sourdough slice or wheat bread, cheese & mild salsa on the side \$16.95 per person

**Delectable Italian Frittatas** ~ comes with your choice of eggs style, cheese, roasted herb potato & fruit salad \$13.95 per person

Egg Choice ~ bacon & veggies, chicken apple sausage & veggies or artichoke & veggies

Seasonal Fresh Fruit\$3.99 per personGreek Yogurt with berries & granola 12oz.\$5.50 per personAssorted Patisserie Platter baked fresh daily\$4.25per person

#### **Bistro Sandwiches**

(A minimum of 10 people required on all catering orders)

Our signature sandwiches come with premium meats, gourmet cheeses, green leaf, tomatoes, Mayonnaise or pesto aioli spread

**Bistro Sandwich Boxed Lunch** ~ includes; sandwich, bag of chips, and a cookie \$13.95 per person

**Deluxe Sandwich Boxed Lunch** ~ includes; the sandwich, gourmet potato or pasta salad, piece of fruit, cookie or brownie, and canned soda or bottled water \$15.95 per person

**Sandwich Platter** ~ a variety of sandwiches elegantly arranged on a platter \$11.95 per person

**Choice of Bread** ~ 9 Grain - Dutch Crunch – Rye - Sourdough Roll - Sourdough Slice - Sweet Roll - Gluten free

#### **Choice of Meat:**

House Roasted Turkey  $\sim$  Honey Ham  $\sim$  Cranberry Chicken Salad  $\sim$  Tuna Salad  $\sim$  Mediterranean Chicken  $\sim$  Applewood BLT  $\sim$  Italian Salami  $\sim$  New York Pastrami  $\sim$  Veggie Delight  $\sim$  Seasonal Roasted Veggies

Our dedication and creativity is providing the Bay Area with a café that serves the finest house-made foods!





### **Bistro Wraps**

#### (A minimum of 10 people required on all catering order)

Our wraps come with our premium meats, aged cheeses, spring mix, tomatoes, mayonnaise & pesto aioli spread on a variety of tortilla

**Bistro Boxed Wraps** ~ includes wrap, bag of chips and a cookie \$14.95 per person

**Deluxe Wraps Boxed Lunch** ~ includes; wrap, freshly prepared potato or pasta salad, a piece of fruit, cookie or brownie, and canned soda or bottled water \$16.95 per person

#### **Assorted Wraps Platter**

\$12.95 per person

House Roasted Turkey  $\sim$  Honey Ham  $\sim$  Cranberry Chicken Salad  $\sim$  Tuna Salad Mediterranean Chicken  $\sim$  Caesar Salad Wrap  $\sim$  Thai Chicken Wrap  $\sim$  Veggie Delight  $\sim$ Artichoke Wrap  $\sim$  (v) Falafel Wrap

#### **Gourmet Salads**

Individual Salad Boxed Lunch ~ Full pound salad, piece of fruit & cookie \$14.95 per person

**Choices** ~ Chef Salad - Cobb Salad - Chicken Caesar Salad - Chicken or Vegan Couscous - Chicken or Vegan Quinoa - Tuna Salad

#### Salad Bowls (serves 10 to 12 people)

Cobb ~ grilled chicken breast, romaine hearts, gorgonzola, vine tomatoes, eggs & bacon \$60 Chef ~ romaine hearts, turkey, honey ham, bacon, egg, cheddar cheese & vine tomato \$60 Caesar Salad ~ romaine hearts, shaved parmesan cheese & house made croutons \$45 (Add Grilled Chicken for \$15)

(v) Couscous Salad ~ romaine hearts, Israeli couscous, garbanzo bean, red peppers, parsley, carrots, avocado, corn, Mediterranean spices & lemon dressing. \$55

(Add grilled Chicken for \$15)

(v) Quinoa Salad ~ romaine hearts, quinoa, garbanzo beans, carrots, parsley, avocado, Mediterranean spices & lemon dressing. (Add grilled Chicken for \$15) \$55

Mixed Greens Salad ~ spring mix, cucumber, vine tomato, cranberries, bell peppers, carrots & corn (Add Grilled Chicken for \$10) \$50

Greek Pepper Salad Bowl ~ tomatoes, bell pepper, cucumber, red onions, romaine hearts, Kalamata olives, feta cheese with Greek dressing \$55

**Dressing Selections:** (Ranch – Balsamic - Caesar Dressing - Citrus Lemon)

#### **Mexican**

(A minimum of 10 people required on all catering orders)

Your choice of our authentic meats such as; grilled steak, grilled chicken, or al pastor (pork) with our no preservative, no lard, completely vegan black, pinto or refried beans and freshly prepared salsas

**Burrito or Two Taco Boxed Lunch** includes; choice of protein, beans, rice, cheese, Pico de Gallo, salsa a cookie, chips & salsa & beverage \$15.50 per person

(Canned soda or bottled water)

**Party Burrito Platter** ~ protein choice, rice, beans, cheese, mild salsa, hand chopped Pico de Gallo with chips & salsa on the side \$14.95 per person

**Fiesta Taco Bar** with your choice of two meats, corn & flour tortillas, rice, beans, Pico de Gallo, cheese, sour cream, guacamole, chips and salsa \$17.95 per person



#### **Mediterranean**

(A minimum of 10 people required on all catering orders)

**Shawarma Boxed Lunch** ~ your choice of beef or chicken wrapped in pita bread garnished with hummus, lettuce, tahini salad with a side of baklava & canned soda or bottled water \$16.95 per person

**Gyros Boxed Lunch** ~ beef or chicken wrapped in pita with grilled tomatoes and onions, Mediterranean spice, lettuce, hummus & yogurt tzatziki sauce with a side of baklava & canned soda or bottled water \$16.95 per person

**Vegan Falafel Boxed Lunch** ~ falafel wrap, with lettuce, hummus topped with tahini salad, a side of baklava for dessert & a canned soda or bottled \$16.95 per person

**Athens Buffet Mixer** ~ your choice beef or chicken gyros or vegan falafel, hummus, tzatziki yogurt sauce, pita bread, grilled tomatoes & onions, Greek salad, feta cheese, as well as an assortment of baklava for dessert \$18.95 per person

**Jerusalem Buffet Mixer** ~ your choice of beef or chicken Shawarma, vegan falafel with hummus, tahini salad, Greek salad, feta cheese, pita bread as well as an assortment of baklava for dessert \$18.95 per person



### **Buffet Style Burger**

(A minimum of 10 people required on all catering orders)

All natural burgers charbroiled, 100% Black Angus beef, 80/20, 1/3 pound patties, served with lettuce, tomato, raw onions & mayo packets on the side

Beef Burger\$8.95 per personVeggie or Turkey Burger\$1.99 extraCheese\$1.25 extraBag of Chips\$1.99 each

Gourmet Potato Salad or Coleslaw

\$3.99 per person

**Burger Boxed Lunch** – Burger patty with a bag of chips & cookie

\$12.95

## **Corporate Hot Lunch**

(A minimum of 10 people required on all catering orders)
(1/2 sheet feeds 10 -12 people, full sheet serves 20-22 people)
(48 hours' notice)

**Spaghetti Meatball, Beef Pasta Bologna or Chicken Alfredo** with Caesar salad, bread and butter

½ sheet or full sheet

Our famous BBQ Chicken ~ leg and thigh with your choice of mashed potato & corn on the cobb

Chicken Marsala or Chicken Piccata, Italian rice with seasonal veggies

Oven Roasted Wild Caught Fresh Salmon with your choice of rice pilaf or mashed potato and glazed seasonal veggies

(CALL FOR PRICING)

\*\* We have chefs on site for any Special request \*\*

## **Appetizers**

(A minimum of 10 people required on all catering orders)
(Serves 10 -12 People)

Finger bits' sandwiches and wraps platter	\$79
Jerusalem Platter includes; falafel, dolmas, hummus, tabbouleh, Greek Salad, feta chee	se
& pita bread	\$120
Meat & Cheese Platter ~ variety of meats & cheeses	\$110
Fruit Platter ~ seasonal fruits	\$59
Freshly Baked Sweets Platter ~ assortment of bars, brownies & a variety of cookies	\$40
Greek Desert ~ assortment of Baklavas	\$50

## **Drinks**

Coffee or Tea to Go ~ cups, sugar, sweetener, creamer & stirs (serves 12)	\$27.95
Canned Soda & Bottled Water	\$2.25
Verity of Snapple Tea	\$3.50
Verity of Yerba Mate	\$3.99
Kambucha	\$5.99

Please try to place your order at least 24-hours in advance, so we can coordinate making it along with all the food we prepare fresh every day.

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