

# THE FLATS

EATERY + DRINK

WE NEVER START COOKING  
UNTIL YOU ORDER.  
HOT AND FRESH IS ALWAYS  
WORTH THE WAIT.

## SHAREABLES

### CHICKEN TENDERS(5) 16

choice of dill, sweet & sour, honey dill, ranch or BBQ dip

### BLACKENED SHRIMP BITES 16

light and tasty blackened seasoned shrimp on cucumber slices with guacamole

### BREADED NOBASHI SHRIMP 16

served with cocktail sauce

### GREEK FRIES 12

served with garlic parmesan dip

### MEXICAN CORN GUACAMOLE DIP 18

guacamole, street corn, pickled onion and feta, served with tortilla chips

### MOZZA STICKS 12

served with dill dip or marinara

### SPINACH AND ARTICHOKE DIP 17

spinach and 3 cheese blend spices served hot with tortilla chips

### GREEK DRY RIBS 16

served with dill dip

### NACHOS H 14 F 19

a towering heap of chipsters or tortilla chips, piled high with all the fixings; tomato, green onion, green pepper & black olives; jalapeno smothered in shredded cheese and served with salsa and sour cream

» add seasoned ground beef or grilled chicken \$5

### FRICKLES 12

served with ranch

### WINGS (BONE-IN OR BONELESS) 17

15+ Flavors to choose from

### CAULIFLOWER BITES 17

15+ Flavors to choose from

## FLATBREAD

Ingredients you know and flavors you will Love

### SUMMER 19

freshly grilled chicken breast, bacon, shredded cheese, salsa, avocado and thai chipotle drizzle

### SOUTHWEST 19

freshly grilled chicken breast tossed in rich BBQ sauce, red onion, bacon, shredded cheese and ranch drizzle

### BEEF FOCACCIA 19

freshly grilled and seasoned taco beef, green onion, black olives, tomato, shredded cheese, and thai chipotle drizzle

## FRESH GREENS

all salads are served with garlic toast \*excludes taco salad



### TACO SALAD 19

taco seasoned ground beef served over a bed of green leaf and artisan lettuce, tortilla chips, tomato, green onion, and shredded cheese, served with salsa and sour cream

» substitute grilled chicken for an extra \$2

### CRANBERRY APPLE CHICKEN SALAD 20

a fresh grilled chicken breast, served over a bed of green leaf and artisan lettuce, dried cranberries, sliced almonds, sliced apple, served with raspberry vinaigrette

### CAESAR SALAD HALF 10 FULL 15

a bed of a romaine lettuce tossed in asiago caesar dressing, topped with homemade croutons (that's right we make our own) and parmesan cheese

» add a grilled chicken breast or shrimp \$6

### BLT CHICKEN AVOCADO SALAD 19

a fresh chicken breast served over a bed of green leaf and artisan lettuce, applewood bacon, avocado, red onion, tomato, cucumber, and crumbled feta served with house dressing

### SHRIMP AVOCADO SALAD 18

freshly grilled garlic shrimp layered on top of green leaf and artisan lettuce, avocado, chopped tomato, cucumber, and our signature house dressing

### SOUP, SALAD AND GARLIC TOAST 15

Wing Flavours

- Honey dill
- Teriyaki
- Jack Daniel's
- Hot Sauce
- Honey Garlic
- Buffalo Ranch
- BBQ
- Ranch
- Spicy Thai
- Garlic Parmesan
- Lemon Pepper
- Mango chipotle
- Greek
- Dill Pickle
- Maple Bacon
- Salt & Pepper

## TWO-HANDED BURGERS

all our patties are made with certified angus beef®, cooked over an open flame, and served with 2 sides



### XTREME BACON

19.5

one word: bacon, and lots of it, cheddar cheese, a fresh beef patty and you have yourself one heck of a burger garnished with lettuce, tomato, pickle, onion, ketchup, mustard and relish

### MONSTER

26

two beef patties seasoned with montreal steak spice, bacon, frickles, mozzarella sticks, swiss and cheddar cheeses, lettuce, tomato, sautéed onions and mushrooms with our monster sauce

### JALAPENO CHEDDAR CLUB

21

this burger definitely packs the heat! fire-roasted jalapenos with spicy cheese, applewood smoked bacon and garnished with onion rings, chipotle mayo, lettuce and tomato

### HIGHWAY 39

22

a double-stacked burger, with cheddar cheese, bacon and a fried egg. garnished with lettuce, tomato, pickle, onion, ketchup, mustard, and relish

### FLATS BRISKET

21

a beef patty with swiss cheese and BBQ brisket. how many would you like? garnished with lettuce, pickle, onion, ketchup, mustard, and relish

### PORTABELLA MUSHROOM

18

a single beef patty, swiss cheese, sautéed mushrooms, lettuce, tomato and thousand island dressing

### CHICKEN CLUB

19

a grilled chicken burger with bacon, swiss cheese, and topped with avocado, lettuce, tomato and chipotle mayo

### BUFFALO CHICKEN

18

a crispy chicken breast with buffalo ranch sauce, topped with lettuce and tomato. this one has just enough heat

### VEGGIE BURGER

18

so good, our black bean burger is topped off with fresh guacamole, lettuce, mayo and sautéed onion

## CROWD FAVOURITES

served with 2 sides because we can

### CLUBHOUSE

18

three layers of toasted bread toasted and layered with cheddar cheese, ham, grilled chicken, back bacon, lettuce, tomato and mayo

### GREEK DRY RIBS

19

served with one side

### CHICKEN TENDERS & DIP

19

### CHICKEN FAJITAS SANDWICH

19

sautéed green pepper, mushroom, red pepper, grilled chicken, and melted shredded cheese, drizzled with thai chipotle served on a grilled panini roll

### BBQ PULLED PORK SANDWICH

18

in house, slow cooked shredded pork tossed in BBQ sauce, topped with sautéed red onions, mushrooms, green peppers & melted shredded cheese, served on a grilled panini roll

### PARMESAN SALMON

19

try our delicious battered parmesan salmon, one bite will have you hooked



### STEAK SANDWICH

25

6 ounces of tender certified angus beef® sirloin grilled over an open fire  
» Add sautéed mushrooms & onions for \$5

### STEAK DIP

18

sautéed shaved striploin steak topped with grilled red onions and swiss cheese between warm panini sub served with au jus

### QUESADILLA

19

Your choice of freshly grilled chicken breast or shaved steak, with roasted red peppers, red onions, tomato and shredded cheese and a side of sour cream and salsa  
served with 1 side

### SIDES

- SOUP
- FRIES
- GARDEN SALAD
- CAESAR SALAD

- COLESLAW
- RICE
- GARLIC MASHED POTATO
- SIDE OF GRAVY 3
- ONION RINGS 3.5

- SPUDS REVENGE 4
- GREEK FRIES 3.5
- SWEET POTATO FRIES 3.5
- CHIPSTERS 3.5
- GREEK SALAD 3.5

– (Served after 4 pm) Veg. of the day & loaded baked potato \$3 –

## STEAK & RIBS

Served with starter soup or salad, choice of one side and vegetable of the day.  
Flavors for yours Ribs Jack Daniel's Glaze, BBQ sauce, Greek or Honey Garlic

### SIRLOIN SURF & TURF 34

a 6oz sirloin seasoned with steak seasoning and finished with freshly grilled shrimp & scallops with garlic butter

### STEAK & RIBS 34

½ rack of ribs with choice of your flavors and 6oz steak cooked to preference

### BABY BACK RIBS 31

enjoy fall off the bone ribs in your choice of flavor

### HALF RACK OF RIBS 25

½ rack of ribs in your choice of flavor

### CHICKEN AND RIBS 29

½ rack of ribs and one chicken breast with your choice of flavor



## FRESH CUTS

Served with starter soup or salad, choice of one side and vegetable of the day.  
our steaks are cut fresh to order and we only use certified angus beef®



### NEW YORK STRIPLOIN

a perfectly seasoned striploin cooked to your preference over an open flame

### SURF & TURF

a striploin coated with garlic steak seasoning and finished with freshly grilled shrimp & scallops with garlic butter

### PRIME RIB

cooked to your preference and topped with our home-made au jus

### RIBEYE STEAK

beautifully marbled Ribeye cut to order and charbroiled to your preference

### TEXAS RIBEYE

a Ribeye coated with herbs and spices and finished with freshly grilled garlic shrimp

### CARAMELIZED RIBEYE

beautifully marbled Ribeye cut to order and charbroiled to your preference and topped with caramelized mushroom and onion

10 Oz

35

12 Oz

40

40

45

41

47

38

43

43

49

42

48

### Treat Your Steak Right

SAUTÉED MUSHROOMS 3

SAUTÉED ONIONS 3

SAUTÉED MUSHROOM AND ONIONS 5

SAUTÉED SHRIMP(8) 6

SAUTÉED SCALLOPS (5) 6

CARAMELIZED MUSHROOM AND ONIONS 6

ROASTED GARLIC BUTTER 2

JACK DANIEL'S GLAZE 2

SHRIMP AND SCALLOPS 10

## ENTRÉES

Served with starter soup or salad, choice of one side and vegetable of the day.



### JACK DANIEL'S CHICKEN 25

two tender chicken breasts perfectly seasoned, grilled and finished with our signature house-made Jack Daniel's Glaze for a sweet finish

### RED PEPPER & FETA STUFFED CHICKEN 27

grilled chicken breast stuffed with mushrooms, roasted red peppers and feta cheese, topped with roasted red pepper alfredo sauce

### PORK CUTLET 23

we make our own cutlets and using only the finest ingredients, two cutlets grilled and topped with our signature beef gravy

### LIVER & ONIONS 22

two tender pieces of beef liver, topped with sautéed red onions and topped with our signature beef gravy

### BLACKENED TILAPIA 23

a tilapia fillet seasoned in blackened spices to give this fish a kick

### HAMBURGER STEAK DINNER 26

12oz of pure certified angus ground beef charbroiled to perfection, topped with sautéed mushrooms, and finished off with our signature beef gravy

### SIDES

- SOUP
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- GARDEN SALAD
- CAESAR SALAD

- COLESLAW
- RICE
- GARLIC MASHED POTATO
- SIDE OF GRAVY 3
- ONION RINGS 3.5

- SPUDS REVENGE 4
- GREEK FRIES 3.5
- SWEET POTATO FRIES 3.5
- CHIPSTERS 3.5
- GREEK SALAD 3.5

– (Served after 4 pm) Veg. of the day & loaded baked potato \$3 –

## WRAPS

served with your choice of 2 sides



### BLACKENED CHICKEN 18

a tender blackened chicken breast mixed with shredded cheese, lettuce, tomato and ranch wrapped in a warm tortilla

### CHICKEN CAESAR 18

a tender chicken breast with romaine, croutons, parmesan cheese, bacon and caesar dressing wrapped in a warm tortilla

### THAI CHICKEN 18

crispy chicken tossed in our spicy thai sauce and mixed with bacon, lettuce, tomato and shredded cheese all wrapped in a warm tortilla

### BUFFALO CHICKEN 18

need a little heat? this one brings it.. crispy chicken tossed in buffalo ranch sauce, mixed with lettuce, tomato, and shredded cheese wrapped in a warm tortilla

## MELTS

served with your choice of 2 sides

### BRISKET GRILLED CHEESE 19

smoked BBQ brisket with sautéed mushroom and onion, mixed cheese, lettuce and tomato, between our grilled bread

### PULLED PORK GRILLED CHEESE 17

our slow-roasted pulled pork, shredded cheese, roasted red peppers and onion rings all between our grilled bread

### STEAK GRILLED CHEESE 17

thinly shaved striploin cooked over an open fire, onion rings, and shredded cheese between our grilled bread

### CHICKEN BACON RANCH 19

grilled chicken, two pieces of bacon, ranch dressing, lettuce, tomato and cheddar cheese between our grilled bread



### SIDES

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- CAESAR SALAD

- COLESLAW
- RICE
- GARLIC MASHED POTATO
- SIDE OF GRAVY 3
- ONION RINGS 3.5

- SPUDS REVENGE 4
- GREEK FRIES 3.5
- SWEET POTATO FRIES 3.5
- CHIPSTERS 3.5
- GREEK SALAD 3.5

## PASTAS & BOWLS

served with garlic toast \*excludes south west chicken bowl



### TERIYAKI BOWL 19

a choice of teriyaki chicken or shrimp; with assorted vegetables mixed with teriyaki sauce on a bed of rice and garnished with sesame seeds and green onion

### BLACKENED CHICKEN WITH ROASTED RED PEPPER ALFREDO 22

a tender, spicy grilled chicken breast over penne or fettuccine noodles with our signature roasted red pepper alfredo, and garnished with parmesan cheese

### SOUTHWEST CHICKEN BOWL 22

grilled blackened chicken served on top of rice, lettuce, pico de gallo, avocado, shredded cheese, corn, feta, thai chipotle sauce and corn chips

### PENNE ALFREDO 20

penne noodles tossed in our creamy alfredo sauce and mushrooms with your choice of a tender chicken breast, sautéed shrimp, or scallops. garnished with parmesan cheese

### PARMESAN CHICKEN 22

a crispy chicken breast topped with our signature marinara sauce, parmesan cheese served on top of a hearty portion of spaghetti

### SEAFOOD ROSA 22

choice of noodles tossed in our creamy rose sauce and mushrooms with sautéed shrimp and scallops. garnished with parmesan cheese

## LITE APPETITES

includes the vegetable of the day and your choice of one side.

### HAMBURGER STEAK (IPC) 15

### LIVER & ONIONS (IPC) 15

### JACK DANIEL'S CHICKEN (IPC) 16

### PORK CUTLET (IPC) 15

## BEVERAGES

### POP 3.50

coke / diet coke / sprite / ice tea / root beer / ginger ale

### JUICE (12OZ) 3.25

orange / apple / pineapple

### COFFEE / TEA 3.25