

Marketplace Breakdown

Bakeshop

- Sourdough (500g) - \$5 per loaf
 - Ingredients: whole wheat flour, all-purpose flour, rice flour, sourdough culture, water, dark beer, salt
- Danish Rye (500g) - \$5 per loaf
 - Ingredients: rye flour, whole wheat flour, all-purpose flour, dark beer, water, sunflower seeds, pumpkin seeds, sourdough culture, yeast, malt syrup, salt
- Ciabatta (250g) - \$3 per bun
 - Ingredients: all-purpose flour, whole wheat flour, water, sourdough culture, yeast, salt

Spices

- Garam Masala (125g) - \$8
 - Ingredients: cinnamon bark, bay leaf, coriander seed, star anise, chili flakes, clove, cardamom, cumin
 - Food pairing: Great for use in a variety of chicken and/or beef curries, lentil and soup dishes!
- Cajun Spice (125g) - \$8
 - Ingredients: paprika, kosher salt, garlic powder, ground black pepper, ground white pepper, onion powder, dried oregano, cayenne, thyme
 - Food pairing: It's the perfect go-to spice for amping up everything from chicken to brisket to seafood, veggies to potatoes, roasting in the oven or grilling on the BBQ!
- Smoked Turmeric (125g) - \$8
 - Ingredients: ground turmeric, apple wood smoke
 - Food pairing: Not only is this spice used for treating inflammation and conditions involving pain, it is also a versatile spice that may be used from a variety of rice dishes like paella or risottos, to even lattes!

Dressings

- Maple Balsamic Vinaigrette (250g) - \$8.50
 - Ingredients: balsamic vinegar, Dijon mustard, maple syrup, shallot, garlic, canola oil, salt, pepper, lemon juice
 - Food pairing: Use as a dressing for a variety of different greens! Also makes for a great protein glaze.
- Black Garlic Caesar Dressing (250g) - \$8.50
 - Ingredients: white wine vinegar, Dijon mustard, anchovies, egg yolk, lemon juice, white balsamic vinegar, Worcestershire, tabasco, black garlic
 - Food pairing: Use as a dressing for water-based greens such as romaine, green leaf, red leaf, kale and Boston bibb!
- Wild Berry Vinaigrette (250g) - \$8.50
 - Ingredients: foraged summer black raspberry, blueberry, strawberry, blackberry, garlic, shallots, Dijon mustard, maple syrup, canola oil, salt, pepper, lemon juice
 - Food pairing: Use as a dressing for bitter greens such as arugula, endive, kale, collard and watercress!

Compotes, Jams & Preserves

- Peach Chutney (250g) - \$8
 - Ingredients: Ontario peaches, sugar, salt, cinnamon, anise, clove
 - Food pairing: Perfect as a dessert and pastry topper!
- Plum Compote (500g) - \$8
 - Ingredients: Ontario plums, sugar, salt
 - Food pairing: Perfect as a yoghurt, whipped cream or mousse topping!
- Blueberry Jam(250g) - \$8
 - Ingredients: Ontario blueberries, sugar, star anise
 - Food pairing: Perfect for use on toast, croissants and breakfast foods!
- Red Currant Compote (125g) - \$7
 - Ingredients: Ontario red currants, sugar, salt
 - Food pairing: Perfect sauce for use on fatty fish such as trout, salmon, tuna and mackerel!
- Gooseberry Preserve (125g) - \$7
 - Ingredients: Ontario red gooseberries, sugar, water, citric acid
 - Food pairing: Perfect for use on antipasto boards and as a dessert condiment!
- Macerated Cherries (125g) - \$7
 - Ingredients: Ontario cherries, brown sugar, salt, cherry brandy
 - Food pairing: Perfect for use on ice cream and as a dessert condiment!

Ferments & Pickles

- White Asparagus (500g) – \$9
 - Ingredients: water, white asparagus, salt, lemon
 - Food pairing: Perfect for use on antipasto, cheese or charcuterie boards!
- Green Asparagus (1000g) – \$9
 - Ingredients: water, green asparagus, salt, lemon
 - Food pairing: Perfect for use on antipasto, cheese or charcuterie boards!
- Tomatillos (1000g) – \$9
 - Ingredients: tomatillos, salt, water
 - Food pairing: Perfect for use on antipasto, cheese or charcuterie boards!
- Kimchi (250g) – \$6.50
 - Ingredients: savoy cabbage, kale, fermented chili, salt
 - Food pairing: Perfect for use on stir fry and fried rice dishes!
- Sauerkraut (250g) – \$6.50
 - Ingredients: green cabbage, salt
 - Food pairing: The most versatile condiment – use on BBQ foods like sausages and burgers, or on sandwiches and salads!
- Chili Paste (250g) – \$6.50
 - Ingredients: red chili, salt
 - Food pairing: Add to intensify your hot sauce!
- Dill Pickles (1000g) – \$9
 - Ingredients: Ontario field cucumbers, white wine vinegar, water, salt, sugar, dill, horseradish, thyme
 - Food pairing: Who doesn't love pickles? We recommend eating them on their own or add onto burgers, sandwiches, sausages and more!

Sauces

- Chicken Demi Glaze (250g) - \$16
 - Ingredients: chicken stock, white wine, shallot, garlic, thyme, coriander stem, lemon juice
 - Food pairing: Use as a sauce for any chicken entrees!
- Veal Demi Glaze (250g) - \$16
 - Ingredients: veal stock, red wine, shallot, garlic, thyme, rosemary, lemon juice
 - Food pairing: Use as a sauce for any beef or veal entrees!
- Fermented Chili & Tomato Sauce (500g) - \$12
 - Ingredients: tomato, onion, shallot, basil, oregano, white wine, thyme, fermented chili, parsley, fennel, bay leaf
 - Food pairing: Use as a pasta, pizza or flatbread sauce!

House Brewed Kombucha

All kombucha will be \$5 for 500mL or \$10 for 1L, sold in mason jars that you may bring back and refill at any time

- Blueberry Earl Grey
 - Ingredients: water, sugar, earl grey tea, fresh blueberries, mature kombucha
- Strawberry Chamomile
 - Ingredients: water, sugar, chamomile tea, fresh strawberries, mature kombucha
- Sage Oolong
 - Ingredients: water, sugar, oolong tea, fresh sage, mature kombucha
- Strawberry Mint
 - Ingredients: water, sugar, mint tea, fresh strawberries, mature kombucha