

# YOUR MEETING. NO SMALL MATTER. MEETING/EVENT MENU

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## WELCOME TO A REFRESHING APPROACH TO EVENTS

Whether you're planning a business meeting, family reunion or wedding rehearsal, having plenty of options and personalized attention can turn any occasion from special to spectacular. With our dedicated hospitality team standing by, we'll help you discover new ideas, provide on-site services, and make planning your event easier. From flexible meeting spaces, tasty and innovative catering, and audiovisual services, our expert staff can provide anything your event needs.

We look forward to planning something together soon.

The Courtyard® Events Team

## BREAKFAST

Served with Orange Juice, Apple Juice, and Locally Rooted Ground Coffee



### ROOKWOOD CONTINENTAL

Flaky Croissants  
Sliced bagels with Cream Cheese  
Hand Cut Fruit or Citrus Salad

**\$11.00**

### QUICK START

Donut Kabobs or Assorted Muffins  
Sliced Bagels with Cream Cheese  
Assorted Mini Quiche  
Hand Cut Fruit, Citrus Salad, or Berry Medley

**\$13.00**

### HEALTHY START

Bran Muffins  
Greek Yogurt with Granola  
Steel Cut Oatmeal with Walnuts and Raisins  
Hard Boiled Eggs or Scrambled Egg Whites  
Turkey Sausage  
Hand Cut Fruit or Citrus Salad

**\$16.00**

### ROOKWOOD BREAKFAST

Assorted Bagels with Cream Cheese or Croissants  
Assorted Breakfast Pastries  
Scrambled Eggs or Egg Casserole  
Sausage Links or Bacon • Roasted Breakfast Potatoes  
Hand Cut Fruit or Citrus Salad  
Sausage Gravy and Biscuits  
Variety Yogurt Cups

**\$18.00**

## BREAKFAST BUFFETT | \$20.00

Served with Orange Juice, Apple Juice, and Locally Rooted Ground Coffee



### CHOOSE ONE

Scrambled Eggs or Scrambled Egg Whites  
Mini Quiche  
Egg Casserole  
-Western, Ham and Cheese, or Spinach and Cheese  
Hard Boiled Eggs

### CHOOSE ONE

Bacon or Canadian Bacon  
Sausage Patty or Sausage Link  
Turkey Sausage or Chicken Sausage  
Country Ham  
Corned Beef Hash

### CHOOSE TWO

Roasted Breakfast Potatoes  
Hash Brown Casserole  
Hand Cut Fruit or Citrus Salad  
Berry Medley

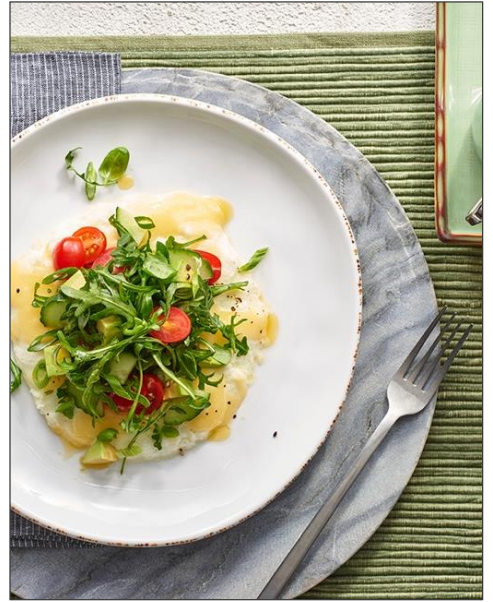
### CHOOSE TWO

Sausage Gravy and Biscuits  
Assorted Yogurt Cups  
Steel Cut Oatmeal with Brown Sugar, Raisins, and Walnuts  
Fruit and Yogurt Cup



## BREAKFAST BUFFETT CONTINUED | \$20.00

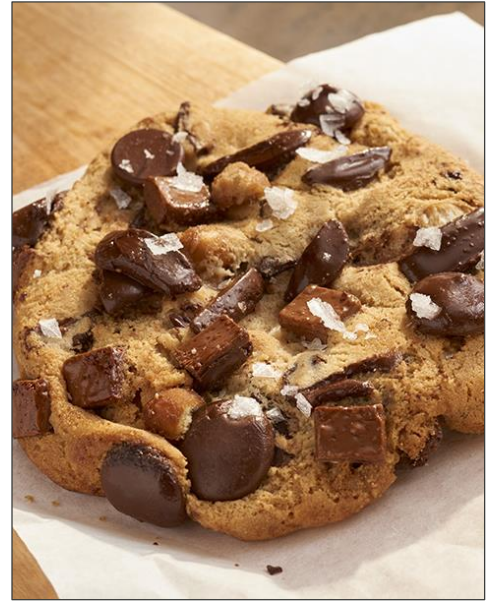
Served with Orange Juice, Apple Juice, and Locally Rooted Ground Coffee



### CHOOSE TWO

- Assorted Muffins
- Assorted Danish
- Donut Hole Skewers or Donut Scones
- Banana Bread or Raisin Bread
- Bagels with Cream Cheese
- English Muffins
- Buttermilk Biscuits

## BREAKS



### **SEASONAL FRUIT & DOMESTIC CHEESE DISPLAY**

Seasonal Fruit with Yogurt Dip  
Assorted Domestic Cheeses with Crack Display  
**\$9.00**

### **CANDY BAR**

Skittles • Fun Candy • Assorted Hershey's Mini's  
Jelly Beans • M&M's  
**\$7.00**

### **HEALTH NUT**

Kashi • KIND Bars • Yogurt Parfaits  
Veggie Shooters with Hummus  
**\$10.00**

### **SWEET & SALTY**

Fresh Baked Cookies • Assorted Candy Bars  
Assorted Bag Snacks • Train Mix  
**\$11.00**

## LUNCH



### **TRIO SALAD | Groups 20 or More**

Egg Salad • Tuna Salad • Chicken Salad  
Assorted Breads  
Hand Cut Fruit Or Soup of the Day  
Mixed Greens with Dressing  
**\$18.00**

### **MEXICAN FIESTA | Groups 20 or More**

Choice of Two:  
- Seasoned Beef • Marinated Chicken • Breaded Cod  
Spanish Rice with Black Beans • Mexican Corn  
Tortillas • Tortilla Chips • Honey Corn Muffins  
**\$24.00**

### **AMERICAN CLASSIC | Groups 20 or More**

Garden Salad with Assorted Dressings  
Seasonal Roasted Vegetables  
Herb Roasted Red Potatoes  
Citrus and Herb Roasted Chicken  
Honey Glazed Salmon  
Breads  
**\$24.00**

### **Simply Southern Fare | Groups 20 or More**

Barbecue Pulled Pork or Chicken  
Grilled Chicken Breast  
Artisan Macaroni & Cheese • Cole Slaw  
Roasted Corn and Bean Salad  
Green Beans with Bacon and Garlic  
Corn Bread • Artisan Buns • Sweet Tea  
**\$26.00**

## INCLUDED WITH LUNCH



### LUNCH BUFFETS INCLUDE:

Locally Roasted Rooted Ground  
Ice Water • Iced Tea  
Chef's Daily Dessert

### BEVERAGE ENHANCEMENTS

Assorted Soft Drinks (Pepsi Products) & Bottled Water  
**\$2.00**



## LUNCH CHOICES



### SANDWICHES

Chicken Caesar Roll-Up  
Chicken Salad on Croissant  
Turkey BLT  
Italian Sub  
Chilled Roast Beef with Havarti and Horseradish Sauce  
Turkey and Swiss  
Honey Ham and Swiss  
Classic Club Combo with Avocado  
Grilled Veggie Wrap  
Turkey Ruben  
Tuna Salad on Wheat  
Egg Salad on White

### ENTREE SALADS

Cobb Salad  
Mixed Greens Salad  
Chopped Salad  
Classic Caesar Salad  
Chef Salad  
Spinach Salad  
Waldorf Salad

### SIDES

Cole Slaw  
Red Skin Potatoes  
Soup of the Day  
Classic Style Pasta Salad  
Fresh Fruit Salad  
Caprese Salad  
Cucumber/Tomato Salad

## LUNCH CHOICE MENU



### BOXED LUNCHES

#### Choice of Three Sandwiches

Includes:

- Appropriate Condiments
- Kettle Chips
- Potato Salad
- Baked Cookie
- Aquafina

\$16.00

### ROOKWOOD LUNCH TABLE

#### Choice of Three Sandwiches

#### Choice of One Salad

#### Choice of One Side

Includes:

- Bagged Chips
- Chef's Choice Dessert

\$23.00

## DINNER | THE EXCHANGE

Two Entrees & Two Sides | \$30.00

Three Entrees & Three Sides | \$37.00



### GARDEN SALAD

Garden Greens  
Tomatoes • Cucumbers • Carrots  
Choice of Dressing

### BLT SALAD

Romaine Lettuce  
Cherry Tomatoes • Crumbled Bacon • Croutons  
Blue Cheese Dressing

### TRADITIONAL CAESAR

Romaine Lettuce  
Parmesan Cheese • Croutons  
Caesar Dressing

### SIDES | STARCH

Wild Rice Blend  
Herb Roasted Red Potatoes  
Mac & Cheese  
Garlic Mashed Potatoes  
Garlic Mushrooms Quinoa

### SIDES | VEGGIES

Steamed Vegetable Medley  
Sautéed Green Beans • Roasted Asparagus  
Steamed Broccoli • Glazed Baby Carrots  
Bacon Braised Brussel Sprouts  
Fire Grilled Vegetables

## DINNER | THE EXCHANGE CONTINUED



### FISH

Honey Glazed Salmon  
Parmesan Crusted Tilapia  
Soy Ginger Halibut  
Blackened Salmon  
Broiled Seabass

### PORK

Apple Bourbon Pork Loin  
Pork Loin with Wine & Herb Gravy  
Honey Garlic Chops  
Bacon Wrapped Pork Tenderloin  
Grilled Baby Back Ribs

### VEGETARIAN

Pesto Cavatappi  
Eggplant Parmesan  
Pasta Primavera

### BEEF

Beef Tenderloin (\$2 Upcharge)  
Prime Rib  
Sliced Roast Beef with Gravy  
Sirloin Tips with Rice  
Red Wine Braised Short Ribs

### CHICKEN

Tuscan Chicken  
Citrus Herb Chicken Breast  
Baked Stuff Chicken

## DINNER | THE EXCHANGE ADD ONS

Buffett Includes: Locally Roasted Rooted Grounds Coffee • Ice Water • Dinner Rolls • Chef's Daily Dessert



### THREE HOURS OF COCKTAIL SERVICE

House Wine  
Domestic & Import Beer  
Soft Drinks (Pepsi Products)

### CHOICE OF ONE

Raw Vegetable Crudités  
Assorted Crisp Vegetables with Herb Dip  
Hand Cut Seasonal Fruit with Yogurt Dip  
Charcuterie Board  
Domestic Cheeses with Crackers and Bread  
Fresh Berries

### ADD ON PRICES

Two Entrees • Two Sides | \$44  
Three Entrees • Three Sides | \$51

## PLATED LUNCH

40 People and Under

Maximum Choice of Two

Served with Iced Tea Station and Coffee Station

Sandwiches Served with Choice of Fruit Cup, Kettle Chips, or Pasta Salad



### **CALIFORNIA TURKEY CLUB**

Fresh Sliced Turkey • Swiss Cheese  
Bacon • Avocado • Tomato • Field Greens  
Piled High on Ciabatta Bread

**\$17.00**

### **GRILLED VEGGIE WRAP**

Roasted Zucchini and Squash  
Tomatoes • Red Peppers • Mushrooms  
All Wrapped in a Flour Tortilla

**\$17.00**

### **TURKEY CLUB WRAP**

Flour Tortilla • Turkey Breast • Mixed Greens  
Bacon • Diced Tomatoes • Swiss Cheese  
Vegetables • Italian Seasoning

**\$17.00**

### **GREEN GODDESS CHICKEN BLT**

Grilled Chicken • Applewood Smoked Bacon • Avocado  
Lettuce • Pickled Red Onion • Tomato  
Green Goddess Ranch • On Toasted Artisan Bread

**\$17.00**

## PLATED LUNCH CONTINUED

40 People and Under

Maximum Choice of Two

Served with Iced Tea Station and Coffee Station

Sandwiches Served with Choice of Fruit Cup, Kettle Chips, or Pasta Salad



### CHICKEN CAESAR SALAD

Romaine Lettuce  
Aged Parmesan Cheese • Caesar Dressing  
Grilled Chicken • Croutons

\$19.00

### MODERN COBB SALAD

Little Gems • Grilled Chicken  
Applewood Smoked Bacon • Hard Cooked Eggs • Grape  
Tomatoes  
Pickled Red Onions • Gorgonzola • Green Goddess Ranch

\$19.00

## PLATED LUNCH ENTREE

40 People and Under

Maximum Choice of Two

Served with Garden Salad, Chef's Choice Starch, Chef's Choice Vegetable, and Herbed Focaccia



### VEGETABLE BAKED PASTA

Roasted Peppers • Broccoli • Tomatoes  
Baked with Pesto Cream Sauce & Parmesan

\$19.00

### ROASTED HERB CHICKEN BREAST

Roasted Chicken Breast  
Broccolini • Lemon Dressed Arugula

\$20.00

### CHICKEN MARSALA

Grilled Chicken Breast of Chicken  
Topped with Marsala Mushroom Sauce

\$20.00

### CITRUS & HERB ROASTED CHICKEN

Chicken Breast • Citrus Juice  
Rosemary • Thyme

\$20.00



## PLATED LUNCH ENTRÉE CONTINUED

40 People and Under

Maximum Choice of Two

Served with Garden Salad, Chef's Choice Starch, Chef's Choice Vegetable, and Herbed Focaccia



### BOURBON PORK LOIN

Roasted Pork Loin

Apple Bourbon

\$22.00

### PARMESAN CRUSTED TILAPIA

Tilapia Filet • Parmesan Cheese

Parsley • Paprika

\$22.00

## RECEPTION | HORS D'OEUVRES

Pricing Reflects 50 Pieces. Items are Ordered in 50 Piece Increments.  
 Butler Passed Hors D'Oeuvres | \$2.00 Per Person.



### CHILLED

- Shrimp Cocktail Shooters \$150.00
- Fruit Skewer \$125.00
- Chilled Beef Tenderloin with Horseradish Sauce \$150.00
- Pinwheels \$125.00
- Watermelon Feta Bites \$100.00
- Veggie Shooters \$100.00
- Bruschetta \$100.00
- Olive Tapenade or Crostini \$100.00
- Smoked Salmon with Caper Bites \$150.00

### RECEPTION OPTION NAME

- Miniature Beef Wellington \$150.00
- Chicken or Veggie Tostado's \$150.00
- Coconut Shrimp \$125.00
- Gourmet Meatballs with Marinara \$100.00
- Mini Crab Cakes \$150.00
- Vegetable Spring Roll \$100.00
- Chicken Wings \$100.00
  - Barbecue, Thai Chili, Buffalo
- Italian Sausage Mushrooms \$125.00
- Stuffed Red Skin Potatoes \$125.00
- Sliders \$150.00
  - Chicken, Burger, Pulled Pork, Fried Fish



## RECEPTION | BAR SERVICE

Pricing for each bar service includes a total of Two Hours of Service.

Service can be extended for an additional \$4 Per Person

Cash Bars are available with a \$50 Bartender Fee up to Two Hours



### DOMESTIC

Domestic Beer

Domestic Wine

Assorted Soft Drinks

**\$14.00**

### IMPORT

Import Beer

Import Wine

Assorted Soft Drinks

**\$16.00**

### PREMIUM

Domestic Beer • Domestic Wine

Import Beer • Import Wine

Well Liquors • Assorted Soft Drinks

**\$21.00**