

The Triad Buffet

Salad - Select Two (2)

Fresh Mixed Baby Greens with Grape Tomatoes, Red Onion, and Garlic Croutons with Choice of Dressing

Hearts of Romaine with Caesar Dressing

Fresh Fruit Salad

Spinach Salad with Chopped Egg, Sliced Fresh Mushrooms, and Red Onions served with Warm Bacon Dressing

Bowtie Pasta Salad tossed with Pesto, Fresh Grilled Vegetables, and Parmesan Cheese

Entrée Select Two (2)

Sliced Herbed Crusted Roast Beef with Shallot Gravy

Beef Tips in a Red Bordeaux Wine Sauce

Grilled Salmon Fillet with Teriyaki Glaze with Pineapple Relish, Lemon Caper Cream Sauce or Honey Dijon Sauce

Tilapia Fillet with a Lemon-Chive Butter Sauce

Maple Dijon Glazed Pork Loin with Apple Cranberry Chutney

Grilled Pork Chops with Creamy Garlic and Herb White Wine Sauce

Herbed Baked or Fried Chicken

Grilled Chicken Breast with Herb Basil Cream Sauce, Marsala Sauce or Teriyaki Glaze with pineapple relish

Roasted Turkey and Sage Dressing with Gravy

Mushroom Ravioli with Sundried Tomato Cream Sauce

Sides Select Two (2)

Wild Rice Medley

Rice Pilaf

Roasted Rosemary New Potatoes

Mashed Potatoes

Au Gratin Potatoes

Mac & Cheese

Southern Style Green Beans

Green Beans Almandine

Broccoli with Red Peppers

Vegetable Medley

Assorted Cakes and Pies

Coffee and Tea Service